Another 100 Ice-Breaker Questions for Any Group Gathering

Building Bridges Leadership

- What's a hope you have for the year ahead?
- Other than devices that you left plugged in overnight, how did you first use electricity today?
- What's your ideal bedtime (to the minute)?
- If you had $100 you had to spend today or you'd lose it, would you be more likely to buy several smaller items or one larger item?
- Who's one person (living or dead) you wish you could speak to again?
- How do you know when enough is enough?
- What's a question you like to be asked?
- What's your favorite (non-alcoholic) drink?
- What is the furthest you think you have ever been from any other people?
- How soon after you woke up today were you outside for the first time?
- Is there a tree somewhere that you associate with particular memories?
- What's the craziest animal you've seen in the wild?
- What's one of your 'comfort zone' activities?
- What's one world from a book or movie that you could imagine yourself living in?
- If you could have any number of fingers apart from the number you have now (higher or lower), what number would you choose? Why?
- Who is someone you've worked with that you've never met in person? Would it change things if you did?
- If you could live in a decade other than this one (past or future), which decade would you choose and why? (h/t Taylor Swift)

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- If we asked someone who loves you and knows you well what is a bad habit of yours, what would they say?
- What's your favorite Springtime activity?
- What's your favorite birthday gift you ever gave someone?
- What is something no one would ever guess about you?
- What's something that people assume is true about you but that actually isn't true?
- What's a commonly-done thing that you've never done?
- If you changed your name to instead be named after a town/city/location, which place would be a good fit for you?
- What's a food you like that a lot of people you're close to don't like?
- What was a favorite childhood toy of yours?
- What's something you've learned recently? This could be a fact, a skill, or a reflection about yourself.
- What's a tip or piece of advice you've implemented at work?
- What's the best idea you've had recently?
- What's something that has surprised you recently?
- If you could introduce an activity to the Olympics that you think you could win, what would it be?
- If you could suddenly become incredibly gifted at a skill you currently can't do well, what skill would you choose?
- What is the best (or most meaningful) work celebration you've been part of?
- What's something you learned how to do in the space of about 30 seconds that changed your life in some way?

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- What's the best piece of advice you've received recently?
- How would you rate your day as a piece of fruit?
- What's something work related that you'd like a shout-out for?
- Who's someone that could invite you to something that you don't want to go to, but you'd say yes anyway because of who asked you?
- What's your favorite board game?
- What would be your ideal thing to do after working on a project with a group of people all day?
- What's your ideal thing to do if you have a few hours to yourself with no commitments?
- What's your favorite thing to cook from scratch?
- What's something you'd like someone to coach you on?
- If you could ask an ancestor of yours a question, who would it be and what would you ask them?
- If you could ask a time traveler from the future a question, what would you ask them?
- If you could only drink one non-water drink for the rest of your life (in addition to water), what drink would you choose?
- If you could master a new skill instantly with no effort, what skill would you choose?
- What's a challenge you're currently facing that you would appreciate some guidance with?
- What's a tradition you grew up with that you look at differently now?
- What's a holiday tradition that's meaningful to you?
- What was a highlight of your holiday season this year?

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- What's your ideal weather and temperature?
- Would you rather be able to communicate with all animals or speak every human language?
- What is the largest crowd you remember being in? What was the event? What was that experience like for you?
- What is something quick you do (or can do) to recenter yourself if you find yourself stressed or anxious?
- What's a song you genuinely like but might be embarrassed to admit?
- What memories do you have of your tenth birthday?
- Would you rather win an Emmy, a Grammy, an Oscar, or a Tony?
- What's something surprising you've seen while you've been out for a walk?
- What's an anniversary you've marked recently? [Examples: a friend's birthday, a work anniversary, a wedding anniversary, an anniversary of loss]
- What's a treat you particularly enjoy - maybe more than other people do?
- What's something quick you do regularly when you need to either relax or recharge?
- What's a tip you learned recently that you've used, and how has it gone?
- If your life was a novel, what would the most recent chapter be titled?
- What's your limit for how late you would wish someone a happy new year?
- Who was your favorite fictional character when you were a child? Do you still have fondness for them now?

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- What's your favorite late night snack?
- Have you ever taken CPR training? What was your experience like?
- Describe a time recently when you tried something new for the first time. How did that go?
- What's a helpful piece of feedback you've received recently? How was it delivered?
- What would your dream meal be? You can dictate the circumstances and dinner companions (so sitting with your grandmother and eating mac and cheese made by her would be an example).
- What's a piece of feedback you would give your younger self?
- What's an item of food you like to bring to a cookout?
- What musical act would you love to have perform at a major celebration of yours?
- What's a gathering you attended (or ran) that holds a special memory for you?
- What song lyric has been running through your mind recently?
- What's a project you've completed recently - either at work or elsewhere - that you're proud of?
- What's something nice that someone has done for you recently?
- What strategies have you found helpful when working with a challenging colleague?
- What's taking up a lot of space in your brain at the moment?
- What's an acronym you use a lot and what does it stand for?
- How do you get to work each day? If you work from home, do you have a pre-work routine like a commute?

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- What's something small (and not work related) that you know how to do that others might not know themselves?
- What's a change you - or your family - are going through at the moment?
- What's something you appreciated (or did not appreciate!) about the first manager you ever had?
- What's a small thing a business did that left you feeling happy after an interaction with them?
- What's a brave step you've seen someone take recently (possibly even you)?
- What's a small piece of customer service you've received recently that left you feeling good?
- What's a sign of leadership that you appreciate?
- What's something you've learned from spending time with (or around) animals?
- What's a publicly viewable piece of art you have enjoyed?
- When was the last time you stepped into a science lab?
- What's something you are exploring, or considering exploring?
- What's something you didn't feel confident doing at first that you now feel pretty adept in?
- What's a conversation you remember that changed the course of your life in some way, big or small?
- What's your favorite dish to bring to a potluck?
- Are you more into the plot of a story, or the characters and their development?

- What's a tradition you grew up with that you found out later wasn't as widespread as you'd assumed?
- What's something you're looking forward to in the next few weeks?